



MIAMI VALLEY

PROSTHODONTICS

DR. VALERIE COOPER DDS, MS

Dr. Cooper recommends that you clean your dentures using hand-soap and warm water. This cleans stains and kills bacteria. You can always use store bought denture cleaners, but they are more expensive.

DO NOT use toothpaste/baking soda to clean your dentures. These are too abrasive.

DO NOT keep your dentures in at night when you sleep

ALWAYS keep your dentures in water when out of your mouth, if they dry out the dentures can distort.

Do not use adhesive/glue unless we have direct you to use it

You will need adjustments for your dentures (As soon as the next day). If you experience sore spots at any time call the office and schedule an adjustment. If over a holiday or weekend you can remove the dentures (keep in water) to relieve pain. You must have the dentures back in at least 6 to 8 hours before your scheduled adjustment.

Be careful not to drop your dentures, they can break.

Speech, eating, and drinking will be very difficult for several weeks after delivery, remember to practice.

Clean dentures after meals to prevent food build up.

Keep all dentures away from animals. Dogs are known to destroy dentures.

Please call with any questions or concerns